

Step Ladder and Ladder Safety Course – 2 Hour Course

Course Aim:

This course is designed to meet the legal requirements to train all staff who use ladders, by providing guidance on safe working practices, pre-use routine maintenance checks and the correct methods for pitching and using ladders or step ladders.

Course Overview:

Part One

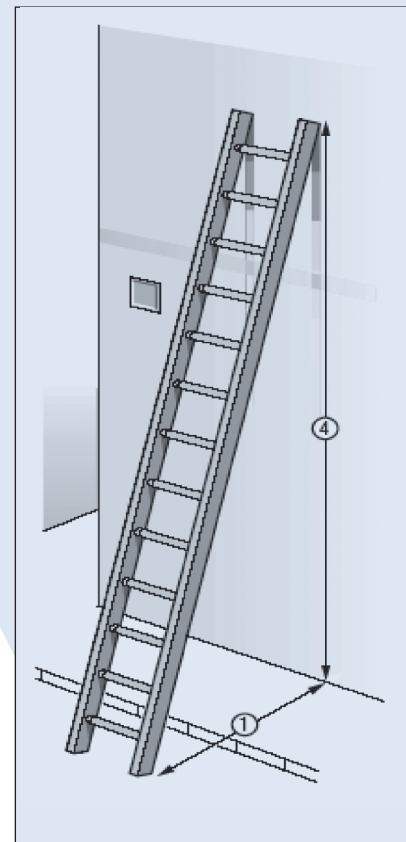
- Accident Statistics and Causes
- Common Hazards
- Pre-Checks of Equipment and Environment

Part Two

- Where Not to Position Ladders
- Leaning Ladders
- Safe Ladder Angle
- The 1 in 4 Rule

Part Three

- Safe Use of All Types of Ladder
- Securing Methods
- Practical on Own Equipment



The course is designed for up to 10 persons for the inclusive cost of £395 plus Vat for delivery at locations in Oxfordshire and the surrounding counties. The cost includes all course handouts, use of presentation equipment, certificates of attendance and a complimentary chocolate bar for all attendees.

You will need to provide a suitable sized training room for the theory part of the course and an inside or outside area (dependant on the weather) with ladders and stepladders that are used at your premises for typical work tasks that we can use for the practical training.

**Phone 01993 892000 to book, or email admin@swanfire.co.uk,
or visit our website www.swanfire.co.uk**

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